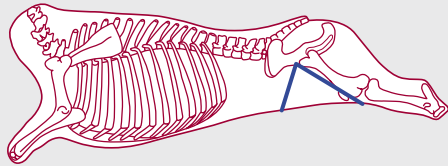


# Escallops (Thick Flank) – Thin Cut

Code:

**Thick Flank B013**

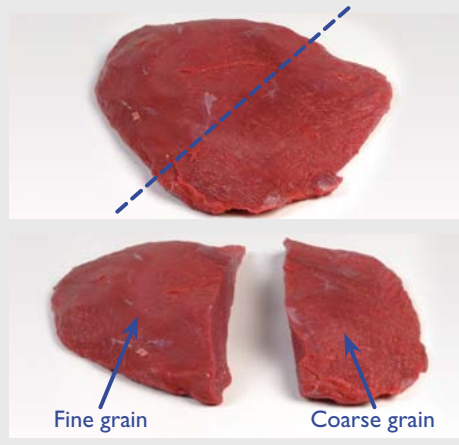


1. Position of the thick flank without rump tail.

2. Separate the Pavé muscle (Vastus Medialis) from the main muscle block.

3. Continue by also removing the muscle with runs along the femur (Vastus Intermedius).

4. Separate the centre cut muscle (Rectus Femoris) from the plate muscle (Vastus Lateralis).



5. Remove fat, gristle, and connective tissue. Plate Muscle (Vastus Lateralis).

6. This muscle contains a section of fine and a section of coarse grain. Separate the two...

7. ...and cut the finely grained section into thin escallops of maximum thickness 5-7mm. (This is done easier on a gravity feed slicer).

8. Escallops (Thick Flank) – Thin Cut.



For this product the thick flank should be matured for a minimum of 14 days.

